

Zoonoses

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8/4/2025

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Disclosures of Financial Relationships with Relevant Commercial Interests

- List of disclosures or “None”

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Zoonoses: Important!

- Most recent epidemics & pandemics have been caused by zoonotic pathogens
- Emerging coronaviruses, hemorrhagic fever viruses, arboviruses, influenza A viruses & bacteria have caused recent major zoonotic epidemics

INDIANA UNIVERSITY SCHOOL OF MEDICINE Judson SD & Rabinowitz PM. *Curr Opin Infect Dis* 2021, 34:385–392 IU Health Physicians

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Question #1

A 38-year-old healthy man in western Canada, presented with 5-days of fever, chills, night sweats, diffuse myalgias, & arthralgias. Months earlier, he had killed a black bear & froze meat. 2 days before symptom onset, he & 4 household members ingested bear meat that had been thawed & cooked as meatballs. Three other household members also fell ill in the same time frame, but with milder symptoms. The meatballs had not been thoroughly cooked. 2 days after ingestion, the patient noted vague abdominal discomfort & nausea. 8 days after ingestion, he reported intense fever & chills, mild headache, severe prostration, myalgia in proximal limb muscles, transient abdominal pain, & pink-tinged urine. He denied vomiting, diarrhea, chest pain, shortness of breath, adenopathy, or rash. The fever lasted for 9 days total primarily at night.

INDIANA UNIVERSITY SCHOOL OF MEDICINE Case adapted from Cheung M, *et al. J Clin Micro* 61(4); 2023 IU Health Physicians

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Question #1

P/E: VS & exam findings normal

Labs: mildly increased WBC count ($10.4 \times 10^9/L$), with hypereosinophilia ($3.3 \times 10^9/L$; normal <0.50). AST = 61 U/L (normal 15 to 45), creatine kinase (762 U/L; normal 55 to 170), & CRP (64.6 mg/L; normal <10).

Bilirubin, creatinine, & INR normal.

HIV screening & blood cultures at 5 days of incubation negative.

Trichinella serology on a sample 1 week after ingestion of bear meat was negative.

Question #1

Which of the following is the most likely infectious diagnosis?

- A. Acute trichinellosis from ingestion of viable *Trichinella* larvae
- B. *Coxiella burnetii* infection (Q fever) from ingesting raw bear meat
- C. Bacteremic *Streptobacillus moniliformis* from inadvertent cutaneous inoculation while preparing bear meat
- D. Acute *Necator americanus* infection

Table 1. Zoonotic pathogens causing recent epidemics

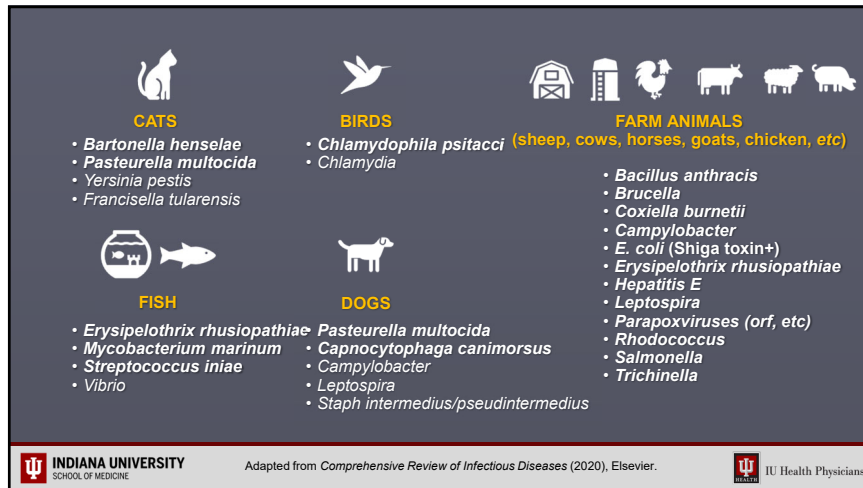
Zoonotic pathogen	Reservoir host/Vector	Disease (key syndromes)	Major recent epidemics
SARS-CoV	Likely bats	SARS (pneumonia)	Global (2002–2003)
MERS-CoV	Dromedary camels	MERS (pneumonia)	Saudi Arabia, South Korea (2012–2019)
SARS-CoV-2	Unknown	COVID-19 (pneumonia)	Global (2020–present)
Ebola virus	Likely bats	Ebola virus disease (haemorrhagic fever)	West Africa (2013–2016) DRC (2018–2020)
Lassa virus	Multimammate rat	Lassa fever (haemorrhagic fever)	Nigeria (2018)
Rift valley fever virus	Aedes and Culex mosquitoes	Rift valley fever (haemorrhagic fever)	East Africa (2006–2007)
Zika virus	Aedes mosquitoes	Zika virus disease (arthralgia/myalgia, rash)	Brazil, Americas (2015–2016)
Chikungunya virus	Aedes mosquitoes	Chikungunya fever (arthralgia/myalgia, rash)	Indian Ocean Islands, India (2004–2007)
Dengue virus	Aedes mosquitoes	Dengue fever (arthralgia/myalgia, rash, haemorrhage)	Americas (2010)
West Nile virus	Birds/Culex mosquitoes	West Nile disease (meningitis/encephalitis, paralysis)	United States (2002)
Influenza A viruses	Waterfowl, Poultry, Pigs	Influenza (pneumonia)	Global (2009)
<i>Yersinia pestis</i>	Rats/Fleas	Plague (sepsis, pneumonia)	Madagascar (2017)
<i>Brucella</i> spp.	Cattle, sheep, goats	Brucellosis (undulant fever, endocarditis)	China (2020)
<i>Coxiella burnetii</i>	Cattle, sheep, goats	Q fever (pneumonia, hepatitis)	Netherlands (2007)

THERE ARE MANY

TABLE 1. Bacterial zoonoses by transmission mechanism and causative agent(s)

Bacterial zoonoses transmitted by direct contact with animals or infected animal materials Anthrax Brucellosis Cat scratch disease Erysipelothrix infections Glanders and melioidosis Leptospirosis Mycobacteriosis Q fever	Causative agent(s) <i>Bacillus anthracis</i> <i>Brucella</i> spp. <i>Bartonella</i> spp. <i>Erysipelothrix rhusiopathiae</i> <i>Burkholderia mallei</i> and <i>Burkholderia pseudomallei</i> <i>Leptospira interrogans</i> spp. <i>Mycobacteria</i> spp. <i>Coxiella burnetii</i>
Bacterial zoonoses transmitted principally by animal bites or scratches Pasteurellosis Capnocytophaga infections Cat scratch disease Rat bite fever	<i>Pasteurella multocida</i> and other spp. <i>Capnocytophaga canimorsus</i> <i>Bartonella henselae</i> <i>Spirillum minus</i> and <i>Streptobacillus moniliformis</i>
Vector-borne bacterial zoonoses Lyme borreliosis Tick- and louse-borne relapsing fever borreliosis Plague Tularemia Rickettsiosis Ehrlichiosis and Anaplasmosis Scrub typhus	<i>Borrelia burgdorferi</i> sensu lato (incl. <i>Borrelia garinii</i> , <i>Borrelia afzelii</i>) <i>Borrelia recurrentis</i> , <i>Borrelia turicatae</i> , <i>Borrelia hemis</i> , others <i>Yersinia pestis</i> <i>Francisella tularensis</i> Spotted fever and typhus group <i>Rickettsia</i> species <i>Ehrlichia chaffeensis</i> , <i>Anaplasma phagocytophilum</i> <i>Orientia tsutsugamushi</i>
Foodborne bacterial zoonoses and intoxications Salmonellosis Campylobacteriosis Listeriosis <i>Escherichia coli</i> O157:H7 infections <i>Yersinia enterocolitica</i> infections <i>Clostridium perfringens</i> gastroenteritis Botulism Staphylococcal food poisoning	<i>Salmonella enteritidis</i> <i>Campylobacter</i> spp. <i>Listeria monocytogenes</i> <i>Escherichia coli</i> STEC <i>Yersinia enterocolitica</i> <i>Clostridium perfringens</i> <i>Clostridium botulinum</i> <i>Staphylococcus aureus</i>

Chikeka & Dumler *Clin Microbiol Infect* 2015; 21: 404–415



CATS

- *Bartonella henselae*
- *Pasteurella multocida*
- *Yersinia pestis*
- *Francisella tularensis*

BIRDS

- *Chlamydophila psittaci* (sheep, cows, horses, goats, chicken, etc)
- *Chlamydia*

FARM ANIMALS

- *Bacillus anthracis*
- *Brucella*
- *Coxiella burnetii*
- *Campylobacter*
- *E. coli* (Shiga toxin+)
- *Erysipelothrix rhusiopathiae*
- *Hepatitis E*
- *Leptospira*
- *Parapoxviruses* (orf, etc)
- *Rhodococcus*
- *Salmonella*
- *Trichinella*

FISH

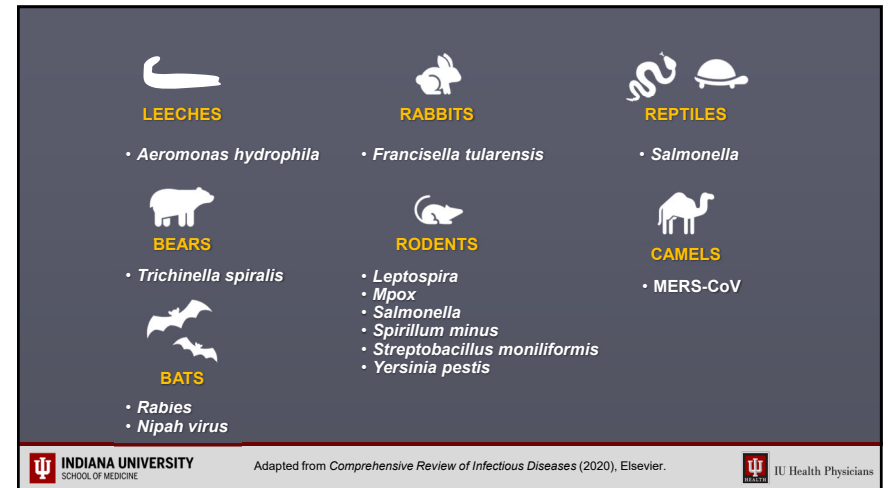
- *Erysipelothrix rhusiopathiae*
- *Mycobacterium marinum*
- *Streptococcus iniae*
- *Vibrio*

DOGS

- *Pasteurella multocida*
- *Capnocytophaga canimorsus*
- *Campylobacter*
- *Leptospira*
- *Staph intermedius/pseudintermedius*

INDIANA UNIVERSITY SCHOOL OF MEDICINE Adapted from *Comprehensive Review of Infectious Diseases* (2020), Elsevier. IU Health Physicians

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LEECHES

- *Aeromonas hydrophila*

RABBITS

- *Francisella tularensis*

REPTILES

- *Salmonella*

BEARS

- *Trichinella spiralis*

RODENTS

- *Leptospira*
- *Mpox*
- *Salmonella*
- *Spirillum minus*
- *Streptobacillus moniliformis*
- *Yersinia pestis*

CAMELS

- MERS-CoV

BATS

- *Rabies*
- *Nipah virus*

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Zoonoses: Various Routes of Infection

- **Direct contact with animal or animal tissue**
 - Cat scratch disease, anthrax, tularemia, brucellosis
- **Contact with insect vector**
 - Tularemia, plague
- **Intact skin contact with animal urine**
 - Leptospirosis
- **Ingestion of animal product**
 - Brucellosis, hepatitis E
- **Inhalation of animal product**
 - Q Fever

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Direct Contact with Animal or Animal Tissue

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Question #2

25-year-old male presented in July with painful right inguinal mass of one week's duration. He is otherwise well. Married. Monogamous. No hx penile or skin lesion. Fishing last week in Northern Virginia creek, hiked through wooded area. Picked ticks off legs & neck. Has kitten & dog. Exam: T37°C, 5 cm tender red mass in right midinguinal area, fixed to skin. Genitalia normal. Aspiration of soft center: 5 cc yellow pus. Gm stain neg. cephalexin 250 mg qid. One week later: mass unchanged. Culture neg. Syphilis FTA & HIV neg.

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Question #2

What is the most likely dx?

- A. *Bartonella henselae*
- B. *Treponema pallidum*
- C. *Haemophilus ducreyi*
- D. *Francisella tularensis*
- E. *Klebsiella (Calymmatobacterium) granulomatis*

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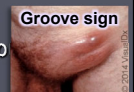
Purulent Inguinal Node

- *Bartonella henselae*: young cats
 - **Stellate abscess** on bx. **Warthin Starry** stain positive early
 - Dx: serology, PCR, or DFA on pus
- Tick borne tularemia ("glandular"): this case *could be* tularemia
 - Exposure to wild animals or their ticks
 - Gram stain, routine culture negative
 - Patient should be **systemically ill** (fevers, chills, malaise common)
 - **Uncommon**: 100-200 cases per year in the USA
- Chancroid: painful genital ulcer with adenopathy (can be purulent)
- No suppurative lymph nodes in syphilis or granuloma inguinale (*Klebsiella granulomatis*) (painless ulcers)

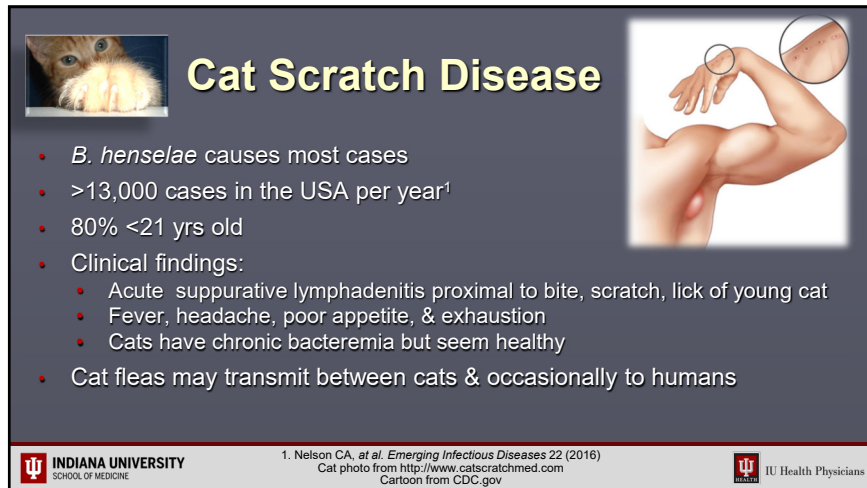
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Purulent Inguinal Node (continued)

- *Staphylococcus aureus*. Gram stain of pus & culture positive. Distal lesion may be present.
- Lymphogranuloma venereum (LGV)-
 - Sexually transmitted (no history in this case)
 - *Chlamydia trachomatis* L1-L3: genital lesion usually inapparent
 - Painful inguinal &/or femoral lymphadenopathy. "Groove sign"
 - Can form "Stellate abscesses" on bx
 - (+) Nucleic acid amplification test on urine, rectal swab, or wo



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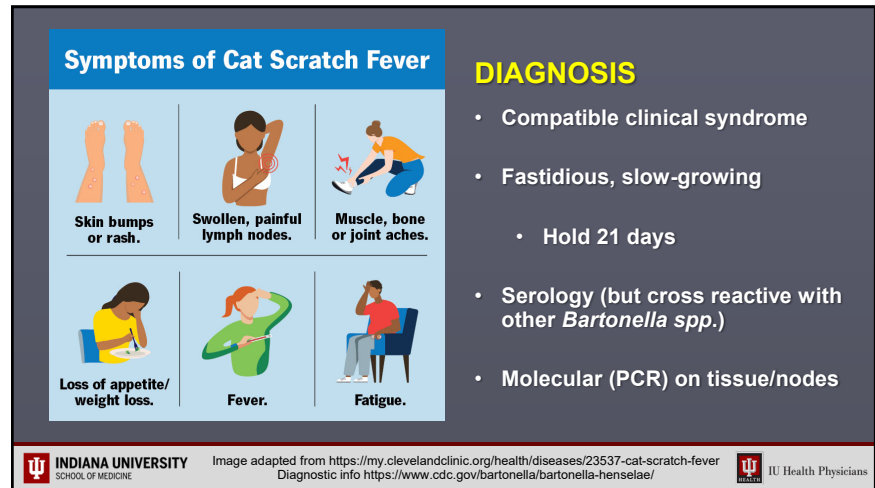


Cat Scratch Disease

- *B. henselae* causes most cases
- >13,000 cases in the USA per year¹
- 80% <21 yrs old
- Clinical findings:
 - Acute suppurative lymphadenitis proximal to bite, scratch, lick of young cat
 - Fever, headache, poor appetite, & exhaustion
 - Cats have chronic bacteremia but seem healthy
- Cat fleas may transmit between cats & occasionally to humans

1. Nelson CA, *et al. Emerging Infectious Diseases* 22 (2016)
Cat photo from <http://www.catscratchmed.com>
Cartoon from CDC.gov

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Symptoms of Cat Scratch Fever

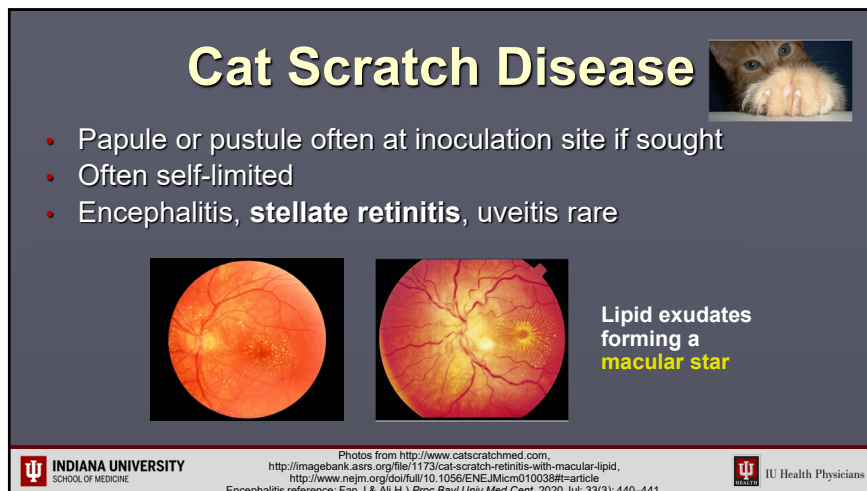
- Skin bumps or rash.
- Swollen, painful lymph nodes.
- Muscle, bone or joint aches.
- Loss of appetite/weight loss.
- Fever.
- Fatigue.

DIAGNOSIS

- Compatible clinical syndrome
- Fastidious, slow-growing
 - Hold 21 days
- Serology (but cross reactive with other *Bartonella* spp.)
- Molecular (PCR) on tissue/nodes

Image adapted from <https://my.clevelandclinic.org/health/diseases/23537-cat-scratch-fever>
Diagnostic info <https://www.cdc.gov/bartonella/bartonella-henselae/>

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Cat Scratch Disease

- Papule or pustule often at inoculation site if sought
- Often self-limited
- Encephalitis, **stellate retinitis**, uveitis rare

Lipid exudates forming a **macular star**

Photos from <http://www.catscratchmed.com>,
<http://imagebank.asrs.org/file/1173/cat-scratch-retinitis-with-macular-lipid>,
<http://www.nejm.org/doi/full/10.1056/ENEMJMicro10038#article>
Encephalitis reference: *Eur J Clin Microbiol Infect Dis* 2020; 39(3): 440-444

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Cat Scratch Disease

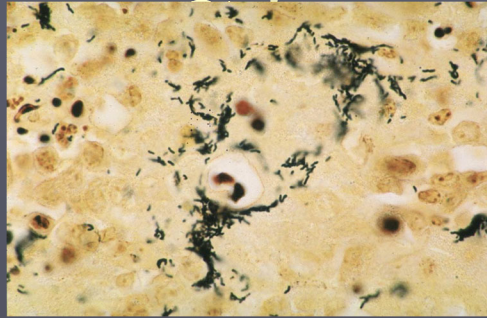
Rx: 10% drain spontaneously
If not, node aspiration improves pain & helps exclude *Staph. aureus*

Treatment = AZITHROMYCIN x 5 d
(TMP/SMX, clarithromycin, ciprofloxacin or rifampin as alternatives)

Treat to prevent serious complications, since up to 14% of patients will have dissemination, with potential infection of the liver, spleen, eye, or CNS

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Warthin Starry Silver

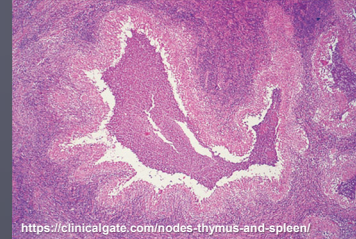


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Cat Scratch Lymphadenopathy

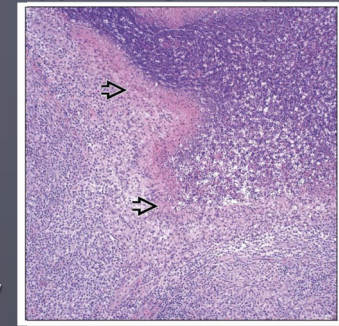
Stellate abscesses, necrotizing granulomas

Necrotic area with neutrophils surrounded by palisading histiocytes



<https://clinicalgate.com/nodes-thymus-and-spleen/>

Lymph nodes showing central
abscess formation surrounded by
palisaded histiocytes



<https://basicmedicalkey.com/cat-scratch-disease/>

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Treatment of *B. henselae*

- The combination of doxycycline + rifampin is a principal treatment for **disseminated** *B. henselae* infections (as is doxy + gent)
- But a recent study reported a 39% treatment failure rate

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Anthrax

Cutaneous anthrax treated with doxycycline



At diagnosis



6 days later



4 weeks after diagnosis

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Anthrax

- Skin (**95%**): pruritic papule on skin exposed to goat hair, animal hides. Small **vesicles around an ulcer**. +/- pain. **Edema**. Mild systemic symptoms.
- DX: *Aerobic*, encapsulated, sporulating **Gram positive** bacillus seen on smear, culture of vesicle fluid (alert the lab!)
- RX: Penicillin but “weaponized” strains resistant to multiple antibiotics
- Inhalation (**5%**), ingestion (<1%)
- Anthrax rare in USA

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<http://www.pods.org.uk/clinical-guidance/anthrax>

Edema
Vesicles
Necrotic ulcer



Painless

<https://www.nejm.org/doi/full/10.1056/NEJMicm0802093>

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Tularemia



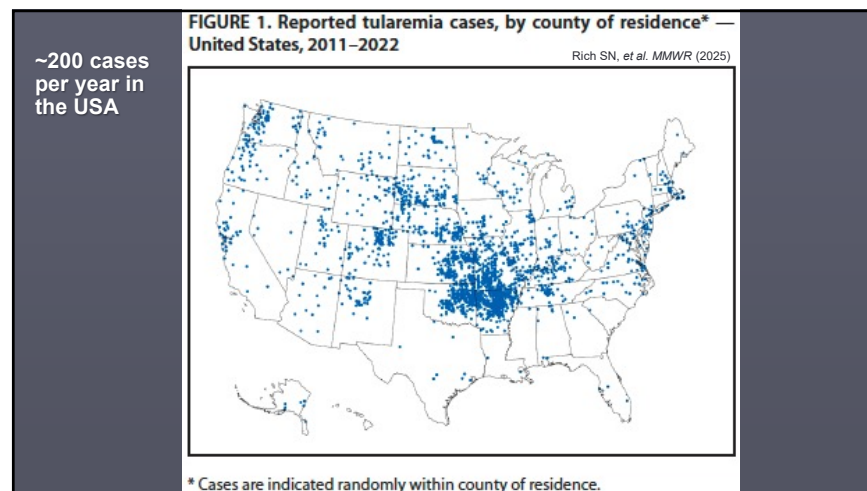
Image from cdc.gov

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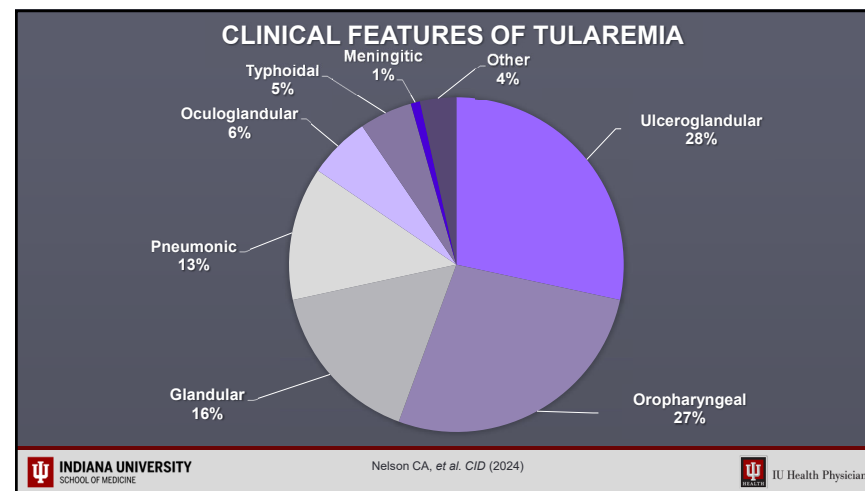
Tularemia

- Highly infectious gram-negative **coccobacillus** *Francisella tularensis*
- Tier 1 select agent with potential for misuse as bioweapon
- Vectors = **Ticks** (*Dermacentor variabilis* > *Amblyomma americanum*) & **Deerflies**
- Direct inoculation = rabbits, squirrels, muskrats, beavers, cats (bites)
- Hunters **skinning animals** (old days); farmers, veterinarians
- Red tender local lymph node inoculation site may form ulcer
- **Ulceroglandular** is the most common manifestation
- Risk of bioweaponization

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AN OUTBREAK OF PRIMARY PNEUMONIC TULAREMIA ON MARTHA'S VINEYARD

AN OUTBREAK OF PRIMARY PNEUMONIC TULAREMIA ON MARTHA'S VINEYARD

KATHERINE A. FELDMAN, D.V.M., M.P.H., RUSSELL E. ENSCORE, M.S., SARAH L. LATHROP, D.V.M., Ph.D., BELA T. MATYAS, M.D., M.P.H., MICHAEL MCGUILL, D.V.M., M.P.H., MARTIN E. SCHRIEFER, Ph.D., DONNA STILES-ENOS, R.N., DAVID T. DENNIS, M.D., M.P.H., LYLE R. PETERSEN, M.D., M.P.H., AND EDWARD B. HAYES, M.D.

ABSTRACT
Background In the summer of 2000, an outbreak of primary pneumonic tularemia occurred on Martha's Vineyard, Massachusetts. The only previously reported outbreak of pneumonic tularemia in the United States occurred on the island of Martha's Vineyard in 1925.

1 to 21), infection with *F. tularensis* can result in various clinical presentations, depending on the route of inoculation, the dose of the inoculum, and the virulence of the organism. Primary pneumonic tularemia results from the inhalation of *F. tularensis* although it is also possible to acquire the infection through other routes.

Lawn mowing & brush cutting

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N Engl J Med, Vol. 345, No. 22 · November 29, 2001
IU Health Physicians

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Tularemia

- Incubation period: 3-5 days but up to 3 weeks
- DX: Serology; PCR; culture; DFA on clinical specimen
- Culture of *F. tularensis* is lab hazard. Notify the lab!
- Neg routine culture, needs chocolate agar or BCYE (like *Legionella*)
- RX: **gentamicin** (or streptomycin), **FQs**, **doxycycline**
- Prophylaxis (bioterrorism) doxycycline

BCYE – buffered charcoal yeast extract

INDIANA UNIVERSITY SCHOOL OF MEDICINE
Maurin & Gyuranecz. *Lancet* (2016)
Nelson CA, et al. *CID* (2024)
Rich SN, et al. *MMWR* (2025)
IU Health Physicians

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23 Zoonoses

Speaker: David Aronoff, MD, FIDSA, FAAM



Rabbit
skinner

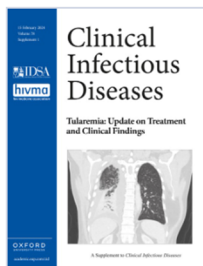
Glandular Tularemia

68-year-old with 1 wk fever then 2 mo progressive, painful swelling on R. side of neck

Exposure to a sick cat

Diagnosis made by + IgM (1:1280)

Improved with 4 wk doxycycline



Volume 78, Issue Supplement_1
15 February 2024

SUPPLEMENT
Volume 78, Issue
Supplement_1, 15
February 2024
Tularemia: Update on
Treatment and Clinical
Findings

Contact
with Insect Vector

Plague



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Plague

- *Yersinia pestis*
- Exists in the USA
 - Rodent flea bite
 - Prairie dogs, cats (outdoor/indoor)
- Fever, nausea & swollen, painful lymph nodes
- Sepsis, pneumonia-hematogenous or aerosol in crowded conditions



(Michael Smith, Getty Images)



(Eye of Science/Science Source)

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Plague

- Gram negative coccobacillus
- **Bipolar-staining** bacilli
- **Safety pin** appearance
 - *Yersinia pestis*: lab hazard
- Treatment: **Streptomycin** >> doxy, cipro



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Notes from the Field

Diagnosis and Investigation of Pneumonic Plague During a Respiratory Disease Pandemic — Wyoming, 2021

Adam M. Ho, MD, PhD, Center for Disease Control and Prevention, CDC

Chen Yan, MD, PhD, Center for Disease Control and Prevention, CDC

In September 2021, the Wyoming Department of Health (WDH) was notified of a suspected case of pneumonic plague in an adult who was admitted to a Wyoming hospital following a 48-hour history of increasing cough, dyspnea, and acute onset of hemoptysis. The patient reported no recent travel history or contact with animals, including cats or dogs, and no contact with a person who had been ill.

spend time indoors, the patient's condition worsened. To guide PEP and to guide PEP, the patient was interviewed the past week, and the patient's medical history was reviewed. The patient was discharged 30 days after admission and was discharged to a private residence.

Oregon's first case of human plague in 8 years likely came from a pet cat

The owner's cat was likely infected by a long-term pet in the household, a person who had been ill.

February 9, 2024

Wyoming woman catches rare pneumonic plague from cats

In a rare case, a woman in Wyoming caught pneumonic plague from her cats. Pneumonic plague is the rarest and most serious form of the disease.

• <10 cases of human plague per year in USA, mostly rural West

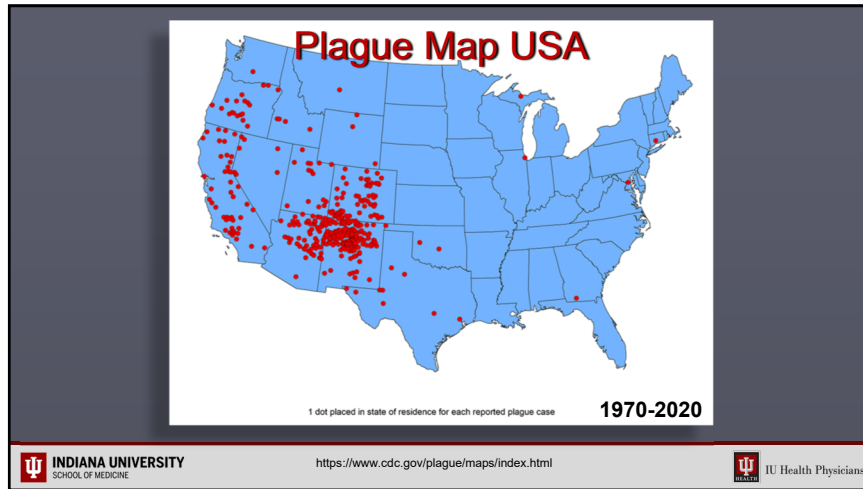
• Typically, in northern New Mexico, northern Arizona, southern Colorado, California, southern Oregon & western Nevada

• Humans usually exposed from the **bites of fleas** carrying *Y. pestis*

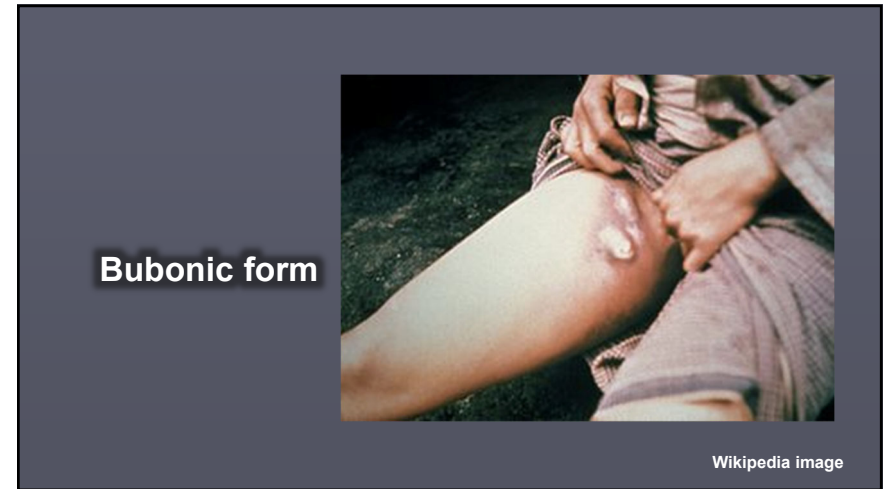
• **Household pets can get infected** if they hunt rodents infected with plague or are bitten by an infected flea

• Pets can transfer the infection to humans via tissue or bodily fluids (e.g., respiratory droplets from cough or sneezes) or can carry home fleas that in turn bite humans

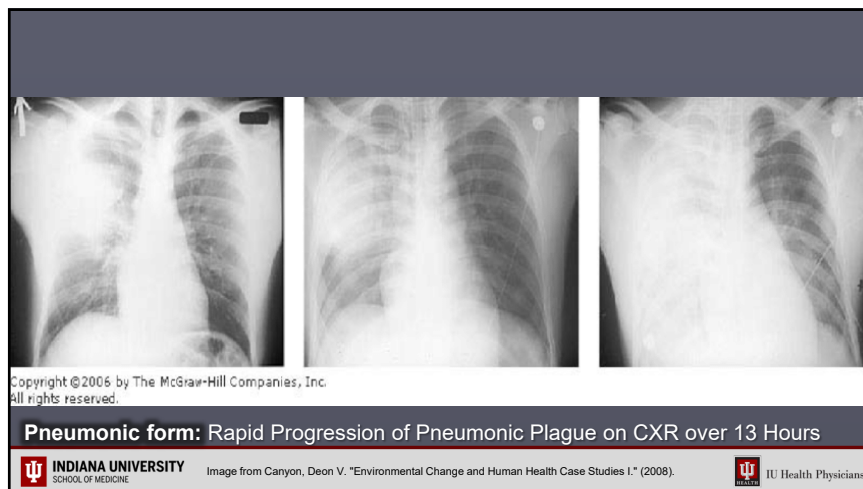
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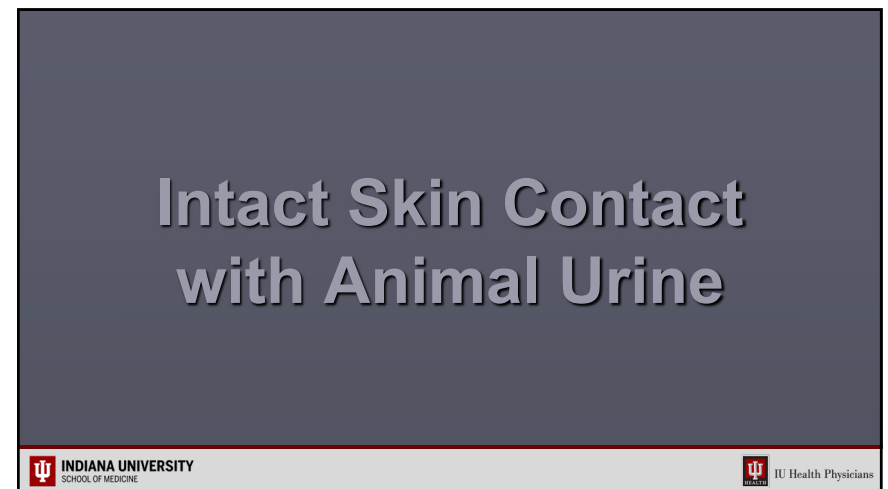
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Question #3

PREVIEW QUESTION

2025
INFECTIOUS
DISEASE
BOARD REVIEW



- 28-year-old old male presents with temp 39°C, diffuse myalgia, headache, malaise. Returned 2 days ago from “Iron Man” race with running, biking, swimming in lake, climbing in Hawaii. Numerous mosquito bites. Exam: Conjunctival suffusion but no other localizing findings.
- WBC 14,500 with 80%PMN, no eos or bands. Platelets 210k.
- Bili 2.4, ALT 45, AST 52, Alk Phos 120, Cr 1.6. Hct 45%. BC neg. UA: normal

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Question #3

PREVIEW QUESTION

2025
INFECTIOUS
DISEASE
BOARD REVIEW



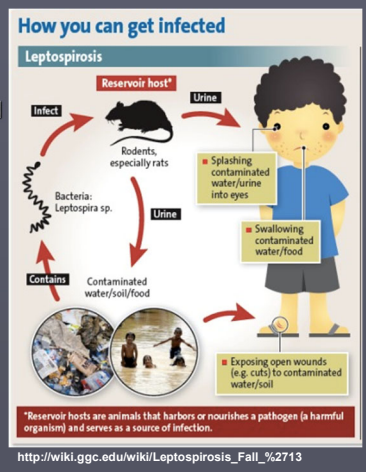
What is the most likely diagnosis?

- A. Malaria
- B. Dengue
- C. Ehrlichiosis
- D. Leptospirosis
- E. Zika

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Leptospirosis

- Spirochetes excreted in urine of infected host & able to survive in wet environment
- Exposed intact skin to animal urine in water: veterinarians, farmers, loggers, triathletes, white water rafting, trapping
- Urine from cows, pigs, dogs, raccoons, rats, mice.
 - Summer & early Fall



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Leptospirosis

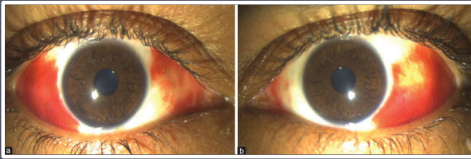
- Fever, myalgia, headache (aseptic meningitis late in course)
- **Conjunctival suffusion**, +/- rash
- In severe cases: jaundice (Weil syndrome), azotemia, pulm. hemorrhage
 - Jaundice: *bilirubin is high out of proportion to transaminase elevation*
- Lab: serology by agglutination test, culture urine in Fletcher's medium
 - PCR & sequencing emerging (Ciurariu E, *et al. Microorganisms* 2025)
- Rx: **doxycycline** for outpatients, IV penicillin for inpatients
 - Jarisch-Herxheimer in first 2 hr

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Conjunctival suffusion & Leptospirosis



Rijnink E, et al. *N Engl J Med* 2022;387: e71



Khurana S, et al. *Indian J Ophthalmol.* 2020 Sep; 68(9): 1971.

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Ingestion of Animal Products

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Question #4

A 41-year-old car salesperson from Baltimore was admitted for a febrile illness & found to have *Brucella melitensis* in their blood culture. They had attended a dinner a month prior where some family members from Greece had brought food from home.

About two weeks prior to onset of fever, they had bought some lamb & beef at a farmer's market outside Baltimore.

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Question #4

Which of the following is the most likely source of the brucellosis?

- A. Home made sausage from Greece
- B. Home made goat cheese from Greece
- C. Cole slaw from a Baltimore delicatessen
- D. Beef tartar, meat from the farmer's market
- E. Lamb kabobs, meat from the farmer's market

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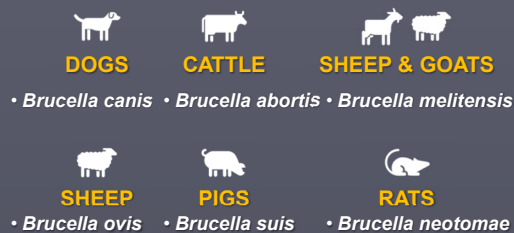
Brucellosis

- Brucellosis is primarily transmitted through **direct contact** with infected animals or their bodily fluids, including vaginal discharges, aborted materials & semen
- Brucellosis can also be transmitted through the **ingestion** of raw or unpasteurized dairy products from infected animals, including milk & cheese (unpasteurized)
- Those who work closely with livestock, such as farmers, veterinarians & livestock handlers, are at a heightened risk

Brucellosis

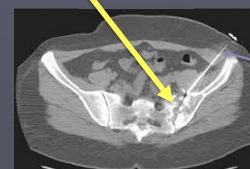
- An illness characterized by acute or insidious onset of fever & one or more of the following: fever, night sweats, arthralgia, headache, fatigue, anorexia, myalgia, weight loss, arthritis/spondylitis, meningitis, or focal organ involvement (endocarditis, orchitis/epididymitis, hepatomegaly, splenomegaly).
- Nodes, liver, spleen may be enlarged
- Rare in the US, with 80–120 cases reported annually; most of these are associated with *Brucella* exposures abroad

Animal Sources of *Brucella*



Brucellosis

Later onset lesions in bone, liver
Epididymo-orchitis¹, endocarditis
sacroiliitis, tenosynovitis, meningitis



Biopsy
needle

**Malodorous
perspiration
(uncommon)
“pathognomonic”²**

Brucellosis (cont.)

- WBC normal or low, anemia, plt can be low
- DX: Bone marrow/blood/tissue culture, serology, PCR
 - *LET THE LAB KNOW YOU ARE WORRIED ABOUT BRUCELLA (lab safety issue!)*
- RX: Doxy plus rifampin or strep/gent
 - TMP-SMX in pregnant or young children

Question #5

What common cause of acute hepatitis is acquired via fecal-oral transmission or from undercooked meats, especially pig/wild boar?

It is particularly severe in pregnant patients, causing stillbirths & maternal mortality.

- A. Epstein Barr virus
- B. Cytomegalovirus
- C. Hepatitis E virus
- D. Hepatitis A virus

Inhalation of Animal Products

Question #6

- A 22-year-old previously healthy male contractor returned from Afghanistan one week prior to presentation. He had a three-day history of fever, myalgia, arthralgia, mild headache & cough. He had vomited once & had mild midepigastic, nonradiating pain.
- The facility he was hired to guard was adjacent to the path that the local sheep & goat herders used on their way to market & he had purchased a wool rug from one of the locals. He remembers shaking it hard to get rid of the dust.
- He reported that some members of his guard unit also had flu-like illness from which they recovered without treatment.

Question #6

- Examination was normal except for a variable temperature up to 102°F
- WBC **3.3K**, platelets **121K**, creatinine 1.2, AST **144**, ALT **154**, alk phos 88, total bilirubin 0.6
- Admission chest X-ray was normal
- Ceftriaxone was begun but the patient remained febrile & had the chest CT shown on the next slide

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Question #6



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Question #6

Which of the following is the most likely diagnosis?

- A. Brucellosis
- B. Anthrax
- C. Leptospirosis
- D. Q fever
- E. Visceral leishmaniasis

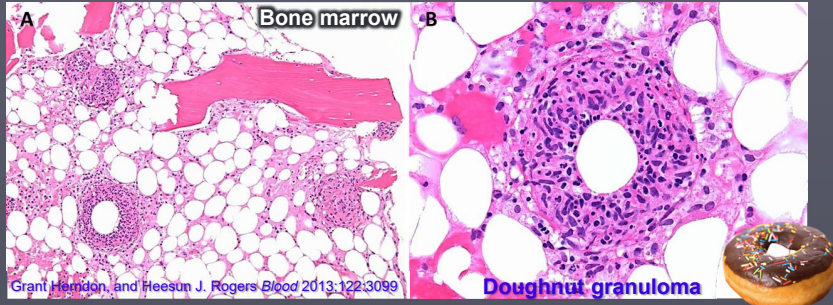
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Q Fever

- *Coxiella burnetii*: tiny coccobacillus
 - Infects cows, sheep, goats, cats, etc.
- Spores survive in straw, manure, meat, *parturient tissue* for months.
 - Aerosol, ingest raw milk
- Acute pneumonia (in half cases), fever, headache, hepatosplenomegaly
- **Chronic endocarditis** on native or prosthetic valves
- **Granulomatous hepatitis**
 - Doughnut granulomas
- DX: serology, valve PCR; specific tissue stain; hard to culture
- RX: acute: Doxycycline or levofloxacin or azithromycin
- Chronic: doxycycline plus hydroxychloroquine

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A 54-year-old man with a history of multiple myeloma presented with intermittent fevers, chills, fatigue, & weight loss for 1 month. +splenomegaly, ↑LFTs, ↓plt



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The End

Thank you!

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david.aronoff (Insta, Threads)

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