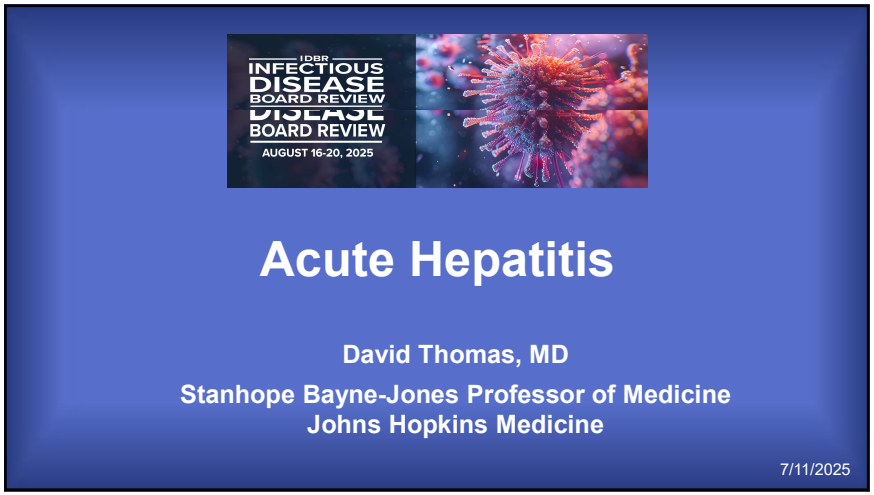
16 Acute Hepatitis

Speaker: David Thomas, MD



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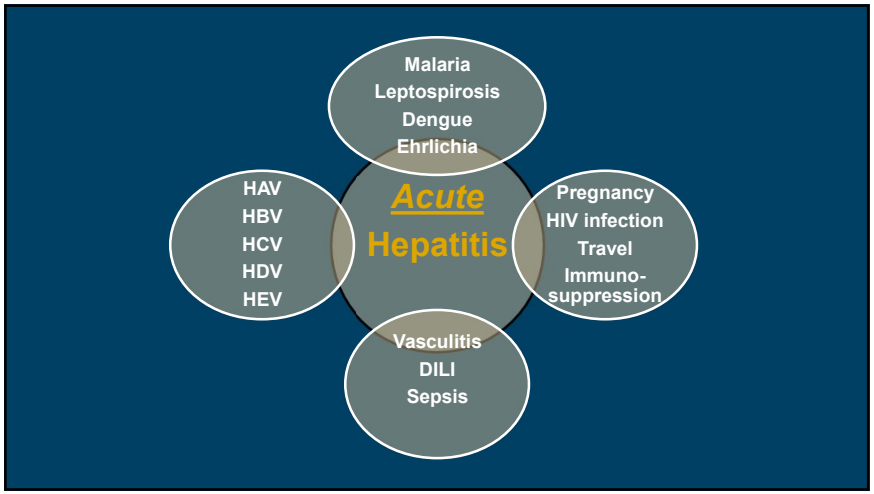

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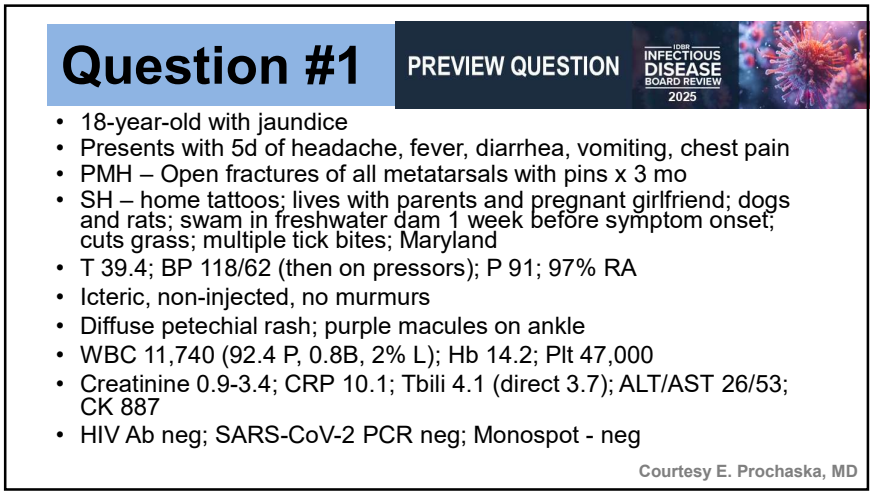

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Question #1

PREVIEW QUESTION

What is the cause of his illness?

A. Acute hepatitis A
B. Babesia microti
C. Tularemia
D. Leptospira icterohaemorrhagiae
E. HSV

Courtesy E. Prochaska, MD

5

Question #1

PREVIEW QUESTION

What is the cause of his illness?

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Courtesy E. Prochaska, MD

6

Leptospirosis

1. Exposure to fresh water (e.g., rafting in Hawaii/Costa Rico or triathlon) OR rats (Baltimore)

7

Leptospirosis

2. Bilirubin fold change > ALT

8

Leptospirosis

3. Biphasic possible and systemic findings (conjunctival suffusion, kidney, skin, muscle, lungs, liver)

ddx: liver (ALT) and muscle (CPK): **lepto, flu, adeno, EBV, HIV, malaria, Rickettsia/Ehrlichiosis, tularemia, TSS, coxsackie, vasculitis**

9

Leptospirosis

4. Diagnosis:

- **PCR most useful (urine pos longer)**
- **Serology late**

10

Question #2

PREVIEW QUESTION

Acute Hepatitis in Uganda

- 42-year-old female has malaise and RUQ pain; she just returned from 2 months working at an IDP camp in north Uganda. She endorses tick and other 'bug' bites and swam in the Nile. 1st HAV vaccine 2 days before departure. Prior HBV vaccine series.
- Exam shows no fever, vitals are normal. RUQ tender. Mild icteric. ALT 1245 IU/ml; Hb 13.4 g/dl; TB 3.2 mg/dl; WBC 3.2k nl differential.

Which test result is most likely positive?

A. Ebola PCR
B. IgM anti-HEV
C. IgM anti-HAV
D. Schistosomiasis "liver" antigen
E. 16S RNA for Rickettsial organism

11

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12

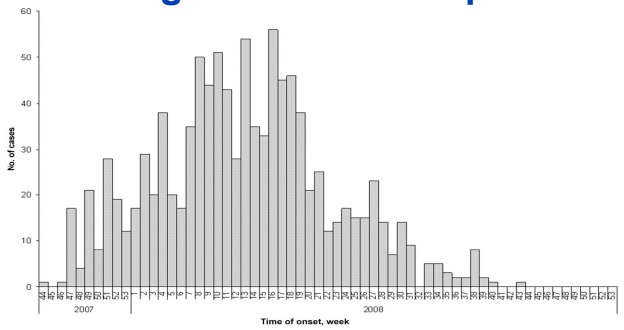
1. Vaccination works to prevent hepatitis A *up to 14d after* exposure in healthy young adults

End Points	Per-Protocol Population		Modified Intention-to-Treat Population†	
	Vaccine Group (N=568)	Immune Globulin Group (N=522)	Vaccine Group (N=740)	Immune Globulin Group (N=674)
	number (percent)			
Clinical				
Primary				
Any symptom plus IgM-positive and ALT ≥ twice ULN	25 (4.4)	17 (3.3)	26 (3.5)	18 (2.7)
Secondary				
Any symptom plus IgM-positive and ALT ≥ twice ULN or HAV RNA–positive on PCR‡	29 (5.1)	19 (3.6)	30 (4.1)	20 (3.0)
Jaundice plus IgM-positive and ALT ≥ twice ULN or HAV RNA–positive on PCR	18 (3.2)	12 (2.3)	19 (2.6)	12 (1.8)

Victor NEJM 2007

13

2. There are HEV Outbreaks, e.g., North-Ugandan IDP Camp



Teshale CID 2010; Al-Shimari BMC Public Health 2023

14

3. Hepatitis E: Epidemiologic Clues

- **Outbreaks - contaminated water in Asia/Africa**
- **Sporadic - undercooked meat (BOAR, deer, etc.)**
- **USA: endemic rare, genotype 3, IgG serology positive far more than can be explained by cases - can be hard to interpret**

15

4. Hepatitis E: Clinical Clues

- **Fatalities in pregnant women**
- **Can be chronic in transplant (rarely in HIV)**
- **GBS and neurologic manifestations (vs other hep viruses); pancreatitis**
- **Diagnosis: RNA PCR; IgM anti-HEV**
- **Treatment: ribavirin for chronic**
- **Vaccine: not USA (not boards)**

16

Question #3

Acute Hepatitis at ID Week

- 42-year-old homeless male approaches a group of ID fellows attending ID Week in San Diego
- One fellow noticed jaundice and suggested he seek medical testing

With what diagnosis was the fellow most concerned?

A. HAV
B. HBV
C. Delta
D. HCV
E. HEV

17

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C. Delta
D. HCV
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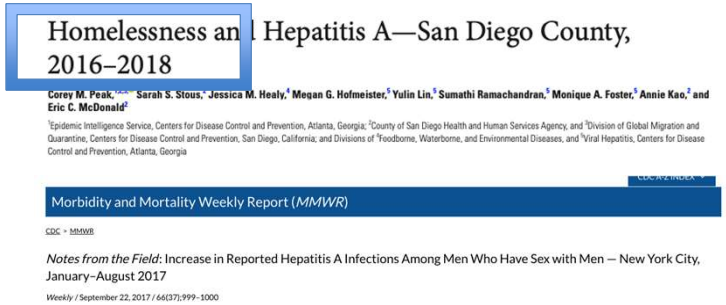
18

1. Hepatitis A: Key Epidemiologic Clues – People, Places, and Foods



Homelessness and Hepatitis A—San Diego County, 2016–2018

Corey M. Peak, Sarah S. Stous, Jessica M. Healy, Megan G. Hofmeister, Yulin Lin, Sumathi Ramachandran, Monique A. Foster, Annie Kao, and Eric C. McDonald

Morbidity and Mortality Weekly Report (*MMWR*)

CDC • MMWR

Notes from the Field: Increase in Reported Hepatitis A Infections Among Men Who Have Sex with Men — New York City, January–August 2017

Weekly / September 22, 2017 / 66(37);999–1000

19

1. Hepatitis A: Key Epidemiologic Clues – People, Places, and Foods

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HEALTH • 5 MIN READ

There is a hepatitis A outbreak in LA County. Why you need to know

UPDATED MAY 15, 2025

By Katia Hetter

20

1. Hepatitis A: Key Epidemiologic Clues – People, Places, and Foods

Multistate Outbreak of Hepatitis A Linked to Frozen Strawberries - Current Case Count Map and Table

State	Case Count
Arkansas	1
California	1
Maryland	12
New York	5
North Carolina	4
Oregon	1
Virginia	109
West Virginia	7
Wisconsin	3
Grand Total	143

Outbreak of hepatitis A in Hawaii linked to raw scallops

Outbreak

The Hawaii Department of Health (HDOH) is investigating an outbreak of hepatitis A in its state. For the latest case count and investigation findings, visit the HDOH outbreak investigation website. On August 15, 2016, HDOH identified raw scallops served at Genki Sushi restaurants on the islands of Oahu and Kauai as a likely source of the ongoing outbreak.

CDC and the U.S. Food and Drug Administration (FDA) are assisting HDOH with its investigation. At this time, CDC is not aware of any hepatitis A virus infections in other states linked to the Hawaii outbreak. CDC continues to monitor for illnesses in other states.

21

2. Hepatitis A: Key Clinical Clues

- **Clinical syndrome**
  - **Fulminant on HCZ**
  - **Relapsing: symptoms/jaundice recur <12 mo**

22

3. Vaccination to Prevent Hepatitis A

- ***Pre-exposure:* vaccinate**
  - **HOW: Inactivated vaccines USA (HAVRIX,VAQTA)(TWINRIX)**
  - **WHOM: All children 1-18 yrs receive hepatitis A vaccine (since 2006)**
  - **HIV, HCV or HBV positive persons/chronic liver disease/homeless/MSM/PWID/Travelers/adoptee exposure**
- ***Post-exposure:* vaccinate or possibly IG if**
  - **> 40 years or immunosuppressed then IG is 'preferred'**

Victor NEJM 2007; MMWR July 3 2020; MMWR October 19, 2007 / 56(41);1080-1084

23

Acute Viral Hepatitis B Clues

- **Most linked to sex, drugs, nosocomial**
  - **Nosocomial (fingerstick devices, etc.)**
  - **Most transmissible (HBV>HCV>HIV)**
- **Clinical**
  - **Acute immune complex disease possible**
  - **Diagnose: IgM anti-core, HBsAg and HBV DNA**
  - **New infection vs reactivation (both can be IgM pos)**

24

Prevention by Vaccine +/- HBIG

- **Pre-exposure:**
  - **HBV vaccine (Engerix, Recombivax, Heplisav-B, Pediarix, Twinrix)**
- **Post-exposure:**
  - **Vaccinated and anti-HBs >10 ever, done***
  - **No hx vaccine and/or anti-HBs <10IU, HBIG and vaccinate**
  - **Infant: birth dose vaccine, HBIG, maternal TDF****

*may be exception for patients with immunosuppression like HIV or dialysis;**TDF if maternal HBV DNA >200,000 IU/ml

Schillie MMWR 2018

25

Acute Viral Hepatitis Delta will be with HBV

- **HDV**
  - **HBV co-infection**
    - **Fulminant with acute HBV**
  - **HBV superinfection**
    - **Acute hepatitis in someone with chronic HBV**
  - **Test for HDV RNA (antibodies for routine screen)**

26

Acute Viral Hepatitis C Clues

- **HCV**
  - **IDU link (hepatitis in Appalachia)**
  - **HIV pos MSM**
  - **Acute RNA pos but AB neg or pos**
  - **60-80% persist: more in men, HIV pos, African ancestry, INFL4 gene intact**

Cox CID 2005

27

Question #4

Hepatitis in a Pilot

- **70 y/o pilot presents with 1 week of fever, diarrhea and sweats, then "collapses"**
- **Tooth extraction 1 month before, E. Shore of Maryland and extensive travel, chelation "treatment"**
- **T 38.1, 135/70, 85, 18, 97% on 2L; few small nodes, petechial rash on legs, neuro- WNL**

28

Question #4

- **Hct 33%, WBC 1.4 K (81% P 10% L), Plt 15,000**
- **Creat 2.8**
- **AST 495, ALT 159, Alk Phos 47, alb 2.6, TBR 0.8**
- **CPK 8477**
- **CXR: infiltrate LLL**

29

Question #4

What agent caused this illness?

A. Leptospira icterohaemorrhagiae
B. Hepatitis A
C. EBV
D. Ehrlichia chaffeensis
E. Hepatitis G (GB virus C)

30

Question #4

What agent caused this illness?

A. Leptospira icterohaemorrhagiae
B. Hepatitis A
C. EBV
D. Ehrlichia chaffeensis *
E. Hepatitis G (GB virus C)

31

Hepatitis with Bacterial Infections

1. **Think Rickettsia/Ehrlichia with exposure, low PMN, modest ALT, and especially low platelets**

32

Hepatitis with Bacterial Infections

2. **Coxiella burnetti and spirochetes (syphilis and lepto) also in ddx with liver, lung, renal, skin, CNS disease but tend to be cholestatic vs Rickettsia/Ehrlichia**

33

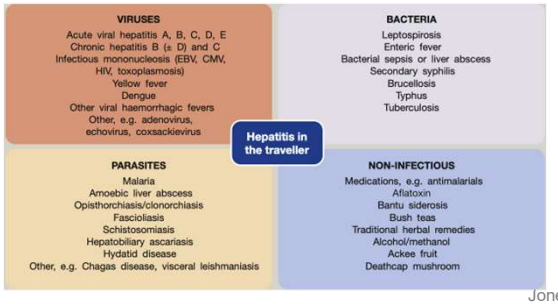
Hepatitis with Bacterial Infections

3. **Hepatitis F or G are always WRONG answers**

34

Hepatitis with Travel to a Developing Country

There is a broad differential



Jones Medicine 2017

35

Question #5

Hepatitis in Pregnancy

- **37yo 35 wks gestation with 1wk fever, chills, abd pain**
- **Pre-term labor and healthy baby delivered C-section**
- **Rapid deterioration of mom: fever with severe myalgia and low BP**
- **Plt 143K; Hb 8.6; WBC 6.4K 20% bands; glucose, creat and INR WNL; ALT and AST >2000 IU/ml; BR nl; Fibrinogen NL**

Courtesy V. Fabre and Allen OB GYN 2005

36

Question #5

What is the best diagnosis?

A. HELLP
B. Acute fatty liver of pregnancy
C. Atypical DRESS from antibiotics
D. HSV infection
E. HEV

37

Question #5

What is the best diagnosis?

A. HELLP
B. Acute fatty liver of pregnancy
C. Atypical DRESS from antibiotics
D. **HSV infection ***
E. HEV

38

Hepatitis in Pregnancy

1. **Rule out HSV**

- **~50% have muco-cutaneous lesions**
- **High mortality without acyclovir**

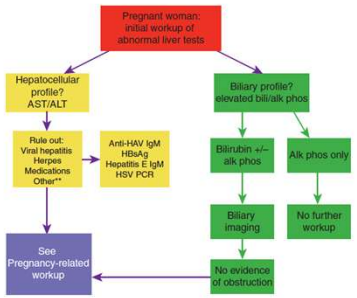


Figure 1. Workup of abnormal liver test in pregnant woman. **Other differential diagnosis to consider if clinically appropriate: AIH, Wilson disease.

ACOG 2016

39

Hepatitis in Pregnancy

2. **HELLP**
   - **HTN and can occur post partum**
   - **Fibrinogen high vs. sepsis and AFLP**

3. **AFLP – severe: Abn ALT and TB PLUS- low glucose, inc INR, low fibrinogen; elevated WBC (Swansea criteria)**

40

Question #6

Fulminant Hepatitis

- **65-year-old man with hx of jaundice. 2 weeks before finished amoxacillin/clavulanate acid for sinusitis. Hx of HTN on HCTZ and rosuvastatin. ETOH: 2 drinks per day.**
- **TB24; ALT 162 U/L; AST 97 U/L ALK P 235 U/L. IgM anti-HAV neg; IgM anti-HBc neg; HCV RNA neg. RUQ US neg.**

41

Question #6

Which of the following is the most likely cause of hepatitis?

A. Toxicity from amoxocillin/clavulanate
B. Alcohol
C. Porphyria flare
D. Leptospirosis
E. Statin

42

Question #6

Which of the following is the most likely cause of hepatitis?

A. **Toxicity from amoxocillin/clavulanate ***
B. Alcohol
C. Porphyria flare
D. Leptospirosis
E. Statin

43

Drug Related Liver Toxicity

Amoxicillin/clavulanate is most common

- Cholestatic or mixed
- Often AFTER stopping
- 1/2500 Rx
- DRB1*1501
- Clavulanate>amoxicillin

Rank	Agent	Year of FDA Approval	No. (%)†	Major Phenotypes
1	Amoxicillin–clavulanate	1984	91 (10.1)	Cholestatic or mixed hepatitis
2	Isoniazid	1952	48 (5.3)	Acute hepatocellular hepatitis
3	Nitrofurantoin	1953	42 (4.7)	Acute or chronic hepatocellular hepatitis
4	TMP-SMZ	1973	31 (3.4)	Mixed hepatitis
5	Minocycline	1971	28 (3.1)	Acute or chronic hepatocellular hepatitis
6	Cefazolin	1973	20 (2.2)	Cholestatic hepatitis
7	Azithromycin	1991	18 (2.0)	Hepatocellular, mixed, or cholestatic hepatitis
8	Ciprofloxacin	1987	16 (1.8)	Hepatocellular, mixed, or cholestatic hepatitis
9	Levofloxacin	1996	13 (1.4)	Hepatocellular, mixed, or cholestatic hepatitis
10	Diclofenac	1988	12 (1.3)	Acute or chronic hepatocellular hepatitis
11	Phenytoin	1946	12 (1.3)	Hepatocellular or mixed hepatitis
12	Methyldopa	1962	11 (1.2)	Hepatocellular or mixed hepatitis
13	Azathioprine	1968	10 (1.1)	Cholestatic hepatitis

http://livertox.nlm.nih.gov; Hoofnagle NEJM 2019

44

Acute Hepatitis Summary

- **Acute A: vaccine effective**
- **HEV: chronic in transplant and/or boar**
- **HIV: acute HCV in MSM**
- **Low plt: Ehrlichial or rickettsial**
- **Find the lepto case (jaundice>hepatitis)**

45

Thanks, and good luck on the test!

Questions:

Dave Thomas
- **dthomas@jhmi.edu**

46