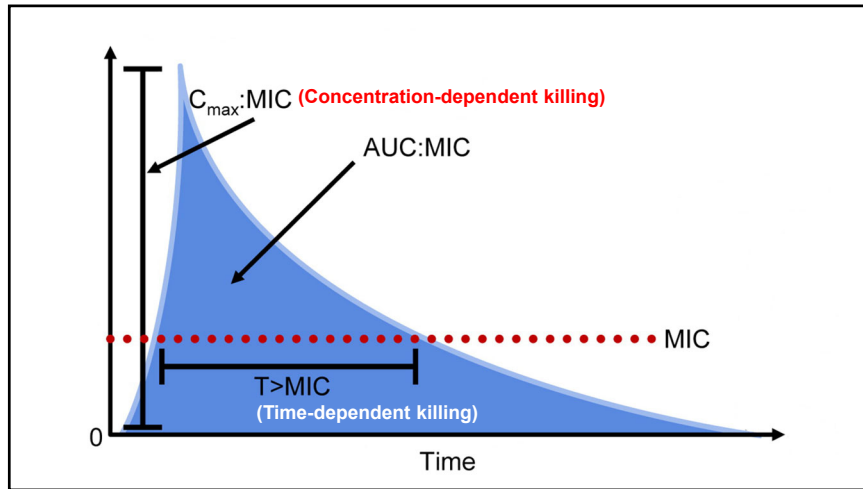


7 Principles of Antimicrobial Therapy for Exam: What You Need to Know About Toxicities, PK/PD, Drug-Drug Interactions

Douglas Black, PharmD



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Conventional or Extended-Interval Aminoglycoside Dosing?		
	Aerobic gram-positive infection	Aerobic gram-negative infection
Conventional dosing	Preferred	Use certain situations*
Extended-interval dosing	OK for certain types of streptococcal endocarditis	Preferred

*Burns >20% BSA, cystic fibrosis, age <12 years, ascites, obesity, poor renal function

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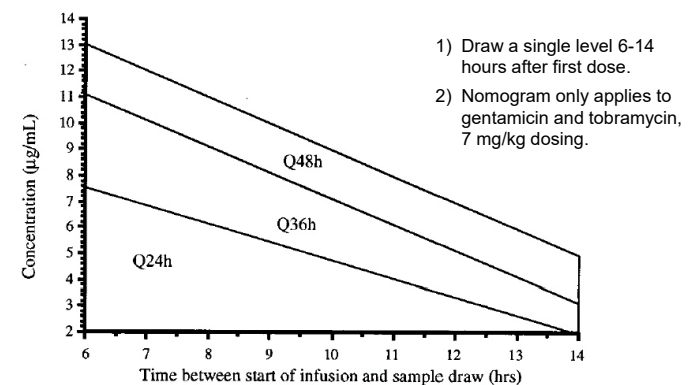
The Simplicity of Extended-Interval Dosing for Gram-negative Infection

CrCl	Initial Dosage interval*
≥60	7 mg/kg q24h
40-59	7 mg/kg q36h
20-39	7 mg/kg q48h
<20	Use conventional dosing

*Based on ideal BW, or adjusted BW if obese

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Using the Hartford Nomogram



Antimicrob Agents Chemother 1995;39:650-55

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7 Principles of Antimicrobial Therapy for Exam: What You Need to Know About Toxicities, PK/PD, Drug-Drug Interactions

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Summary: Antibacterial Pharmacodynamics

Activity	Killing	PAE	PD index	Drugs
Bactericidal	Time-dependent	Minimal*	T>MIC	β -lactams
Bactericidal	Concentration-dependent	Prolonged	Cmax:MIC AUC:MIC	Aminoglycosides Colistin Daptomycin Fluoroquinolones Metronidazole
Bacteriostatic	Concentration-dependent	Moderate to prolonged	AUC:MIC	Clindamycin Linezolid Macrolides Tetracyclines Tigecycline Vancomycin

*Exception: carbapenems (prolonged post antibiotic effect vs. gram-negative bacilli)

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Question #2

PREVIEW QUESTION

2025
INFECTION
DISEASE
BOARD REVIEW

What is one documented benefit of extended-infusion piperacillin-tazobactam?

- A. Less *C. difficile* infection is observed
- B. Clinical outcomes are improved in some patients
- C. The emergence of resistant isolates is reduced
- D. The need for renal dosage adjustment is eliminated
- E. CNS penetration of piperacillin is improved

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Piperacillin-Tazobactam for *Pseudomonas aeruginosa* Infection: Clinical Implications of an Extended-Infusion Dosing Strategy

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¹Department of Pharmacy Practice, Albany College of Pharmacy, ²Chow Research Institute, and ³Department of Pharmacy, Albany Medical Center Hospital, Albany, New York

Background. Piperacillin-tazobactam is frequently used to treat *Pseudomonas aeruginosa* infections in critically ill patients. In an effort to improve clinical outcomes, an extended-infusion dosing scheme for piperacillin-tazobactam therapy was devised using a Monte Carlo simulation and was adopted into clinical practice at Albany Medical Center (Albany, New York). This study evaluates the clinical implications of extended infusion of piperacillin-tazobactam therapy for critically ill patients with *P. aeruginosa* infection.

Methods. We performed a cohort study of patients who received piperacillin-tazobactam therapy for a *P. aeruginosa* infection that was susceptible to piperacillin-tazobactam during the period January 2000–June 2004. Prior to February 2002, all patients received intermittent infusions of piperacillin-tazobactam (3.375 g intravenously for 30 min every 4 or 6 h); after this time, all patients received extended infusions of piperacillin-tazobactam (3.375 g intravenously for 4 h every 8 h). Data on demographic characteristics, disease severity, and microbiology were collected, and outcomes were compared between groups.

Results. A total of 194 patients comprised the 2 study groups: 102 patients received extended infusions of piperacillin-tazobactam, and 92 patients received intermittent infusions of piperacillin-tazobactam. No differences in baseline clinical characteristics were noted between the 2 groups. Among patients with Acute Physiological and Chronic Health Evaluation-II scores ≥ 17 , 14-day mortality rate was significantly lower among patients who received extended-infusion therapy than among patients who received intermittent-infusion therapy (12.2% vs 31.6%, respectively; $P = .04$), and median duration of hospital stay after collection of samples for culture was significantly shorter for patients who received extended-infusion therapy than for patients who received intermittent-infusion therapy (21.4 days vs 38.4 days; $P = .02$).

Conclusions. These results indicate that extended-infusion piperacillin-tazobactam therapy is a suitable alternative to intermittent-infusion piperacillin-tazobactam therapy, and they strongly suggest that improved outcomes may be realized by administering extended-infusion piperacillin-tazobactam therapy to critically ill patients with *P. aeruginosa* infection.

El: 3.375 gm (over 4h) q8h
Il: 3.375 gm (over 30 min) q4-6h

APACHE II ≥ 17

El: n=41
Il: n=38

Clin Infect Dis 2007;44:357-63

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Question #3

PREVIEW QUESTION

2025
INFECTION
DISEASE
BOARD REVIEW

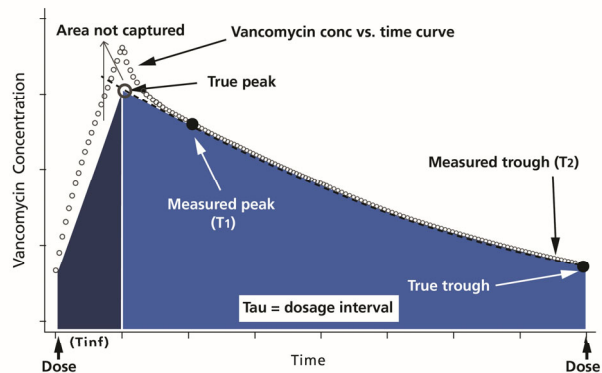
What is the correct vancomycin AUC to target for treating MRSA pneumonia?

- A. 100-200 $\mu\text{g}^*\text{hr/mL}$
- B. 200-400 $\mu\text{g}^*\text{hr/mL}$
- C. 200-600 $\mu\text{g}^*\text{hr/mL}$
- D. 400-600 $\mu\text{g}^*\text{hr/mL}$
- E. 400-800 $\mu\text{g}^*\text{hr/mL}$

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Vancomycin AUC Monitoring Pearls

- For serious MRSA infections, an AUC of 400-600 should be targeted. MIC is assumed to be 1. This approach will minimize the risk of AKI and maximize efficacy, compared to trough-only monitoring.
- For other pathogens or infections, the routine use of AUC monitoring is not well established and requires further study.
- There are pros and cons to the two methods of determining AUC (trapezoidal equations vs. Bayesian methods).
- If administering vancomycin by continuous infusion, simply multiple steady-state concentration by 24 to calculate AUC₂₄.

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Drug-Drug Interactions

Pharmacodynamic

Pharmacokinetic

- CYP450-mediated
- Transporter-mediated

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Question #4

- A 72-year-old woman presents to the ED complaining of lightheadedness and a fainting spell
- Increasing fatigue and palpitations over the last 3 days
- Recently diagnosed with an LRI, prescribed clarithromycin 500 mg po bid 4 days ago
- Other problems: atrial fibrillation, hypertension, hyperlipidemia, type 2 diabetes
- Meds: candesartan, amiodarone, metoprolol, atorvastatin, metformin

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Question #4

A drug-drug interaction between clarithromycin and which drug below best explains this patient's syncopal episode?

- A. Candesartan
- B. Amiodarone
- C. Metoprolol
- D. Atorvastatin
- E. Metformin

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Question #5

- A 67-year-old woman presents to her primary care provider with persistent dysuria and urinary frequency x5 days
- Started ciprofloxacin 500 mg po bid by urgent care 3 days ago for presumed UTI
- Denies flank pain, fever, hematuria
- PMH: GERD, hypertension, osteoarthritis
- Meds: lisinopril, losartan, omeprazole, sucralfate, acetaminophen

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Question #5

Administration of which medication should be staggered, if possible, to avoid interacting with ciprofloxacin?

- A. Lisinopril
- B. Losartan
- C. Omeprazole
- D. Sucralfate
- E. Acetaminophen

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Question #6

- A 75-year-old man started TMP-SMX one DS tablet q12h five days ago for acute prostatitis
- Allergy: levofloxacin (tendon pain)
- He now reports new-onset bruising, bleeding gums, and blood in his stool this morning
- No recent trauma or prior bleeding issues
- Other problems: atrial fibrillation, hypertension, type 2 diabetes
- Meds: warfarin, metformin, amlodipine

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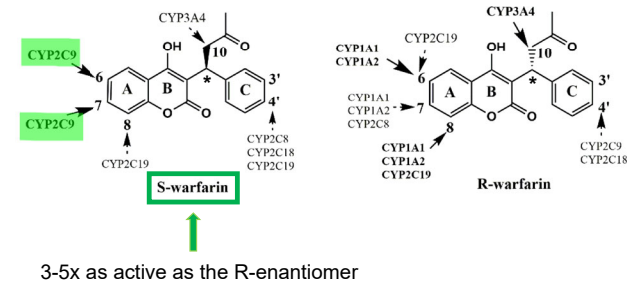
Question #6

What is the most likely explanation for these bleeding symptoms?

- A. Inhibition of warfarin metabolism
- B. Protein binding displacement
- C. Alteration of vitamin-K producing gut flora
- D. Myelosuppression from TMP-SMX
- E. Changes in the patient's diet

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Warfarin Enantiomers and CYP450



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Question #7

- A 38-year-old woman has focal epilepsy that is well controlled on phenytoin x3 years
- She presents with new-onset breakthrough seizures
- Two weeks ago, she began treatment for LTBI (rifampin 600 mg daily)
- Serum phenytoin level is 3.2 µg/mL (reference range: 10–20 µg/mL)

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Question #7

Which of the following best explains the cause of her breakthrough seizures?

- A. Rifampin reduces gastrointestinal absorption of phenytoin
- B. Rifampin induces hepatic enzymes, lowering phenytoin serum levels
- C. Rifampin displaced phenytoin from plasma proteins, increasing clearance
- D. Rifampin inhibits P-glycoprotein, reducing phenytoin CNS penetration
- E. Rifampin binds directly to phenytoin, inactivating it in the plasma

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Question #8

- A 58-year-old man presents to the ED 45 minutes after experiencing sudden-onset nausea, flushing, palpitations, and vomiting
- These symptoms began 20 minutes after consuming 2 glasses of red wine
- Two days ago, he was started on metronidazole 500 mg po q8h for suspected *C. difficile* colitis
- No known drug allergies. He takes no other medications

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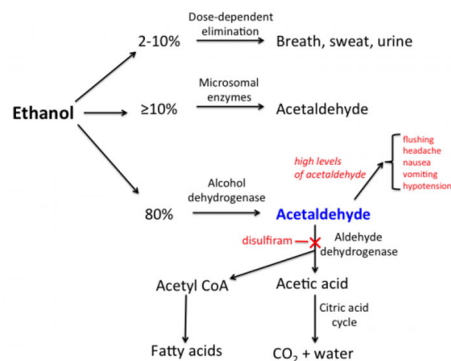
Question #8

Which of the following best explains this reaction?

- A. Metronidazole-induced serotonin syndrome
- B. Type 1 hypersensitivity reaction to metronidazole
- C. Acetaldehyde accumulation
- D. Ethanol-induced inhibition of metronidazole metabolism
- E. The mechanism of this reaction is disputed

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Ethanol Metabolism



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Question #9

- A 42-year-old woman presents with acute agitation, diaphoresis, muscle stiffness, and tremors
- 24 hours ago, she began linezolid 600 mg po q12h for a community-acquired MRSA skin infection
- History of major depressive disorder, takes sertraline 100 mg po q24h
- Other problems: migraine (prn treatment with sumatriptan)
- VS: T 39.2°C, HR 124, BP 159/86, RR 22

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Question #9

What is the most appropriate initial management?

- A. Discontinue linezolid and sertraline, give IV fluids and benzodiazepines
- B. Switch from sertraline to fluoxetine
- C. Start cyproheptadine, continue linezolid with dose adjustment
- D. Observe without intervention unless seizures occur
- E. Continue linezolid and sertraline, add propranolol for symptom control

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Question #10

- A 67-year-old man presents with a 3-day history of increasing muscle pain and weakness in his thighs and calves, and dark colored urine this morning
- Problems: hyperlipidemia, hypertension, onychomycosis (recently diagnosed)
- Meds: simvastatin 40 mg qd (x4 years), metformin 1 gm bid, lisinopril 10 mg qd, itraconazole 200 mg qd (started 6 days ago)
- Labs: CK 12,400 U/L, SCr 1.4 mg/dL (baseline 1.0), mild AST/ALT elevation. UA: myoglobinuria

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Question #10

Which of the following is a recognized risk factor for statin myopathy in the setting of oral antifungal therapy?

- A. Use of a statin metabolized by CYP1A2
- B. Rosuvastatin use
- C. Co-administration with metformin
- D. Young age
- E. Concomitant use of a moderate to strong CYP3A4 inhibitor

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Question #11

- A 72-year-old female complains of progressive weakness, lightheadedness, and occasional palpitations x3 days
- No chest pain or SOB
- Yesterday completed a five-day course of TMP-SMX (1 DS tab bid) for a UTI
- PMH: hypertension, CKD (CrCl \approx 50), type 2 diabetes.
- Meds: losartan 100 mg qd, amlodipine 5 mg qd, metformin 500 mg bid
- Labs: K⁺ 6.4 mEq/L, SCr 1.5 mg/dL
- ECG: peaked T waves, bradycardia

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Question #11

Which of the following prescribing practices would have been the best way to avoid this situation?

- A. Use nitrofurantoin instead of TMP-SMX
- B. Hold the metformin during the course of TMP-SMX
- C. Prescribe TMP-SMX at a reduced dose
- D. Replaced losartan with lisinopril
- E. Discontinue the amlodipine

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Question #12

- A 27-yo woman presents with a severely infected dog bite on her right hand
- You plan to prescribe a course of amoxicillin-clavulanate
- She is taking an oral contraceptive that contains 35 µg of ethinyl estradiol and 0.25 mg of norgestimate
- She asks if she should use condoms while taking the antibiotic

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Question #12

Which of the following antimicrobial agents is most clearly associated with reducing the efficacy of oral contraceptives?

- A. Amoxicillin-clavulanate
- B. Doxycycline
- C. Rifampin
- D. Azithromycin
- E. Ciprofloxacin

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Drug-Drug Interaction Resources



HIV, Hepatitis and COVID drug interaction information from The University of Liverpool and The University of Basel



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Antimicrobial Toxicities

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Case #13

- A 72-year-old man with a history of CKD and hypertension is admitted with sepsis secondary to a UTI
- Cefepime 2 gm IV q12h + vancomycin 1 gm IV q12h are begun
- After 5 days of treatment, he begins to exhibit confusion, agitation, and tremors. His family reports that he has become increasingly disoriented and has had difficulty recognizing familiar faces
- His SCr, previously stable, is found to be elevated

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Cefepime-induced Neurotoxicity

- Factors associated with CIN: age, renal function, total dose administered, cefepime trough concentration (>20 $\mu\text{g/mL}$).
- Mechanism: GABA inhibition.
- Median duration from drug initiation to onset of CIN: 4 days.
- Manifestations: altered mental status, myoclonus, non-convulsive status epilepticus.
- EEG may be helpful, although no specific findings.
- Prognosis favorable. Most cases improve within 3 days of drug discontinuation.

J Antimicrob Chemother 2022;77:2908-2921

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Antimicrobials Associated with Neurotoxicity

Beta-lactams (seizures, encephalopathy)

Ethambutol (optic neuritis, peripheral neuropathy)

Fluoroquinolones (confusion, seizures, peripheral neuropathy, exacerbation of myasthenia gravis)

Isoniazid (peripheral neuropathy, encephalopathy, psychosis, seizures)

Linezolid (peripheral/optic neuropathy, serotonin syndrome)

Metronidazole (peripheral/optic/autonomic neuropathy, encephalopathy)

Nitrofurantoin (peripheral neuropathy)

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Case #14

- A 64-year-old woman presents to the ED with a painful left arm at a previous IV site.
- PMH: atrial fibrillation, type 2 diabetes
- She is diagnosed with superficial thrombophlebitis and sent home. She returns 7 days later with fever and hypotension. Piperacillin-tazobactam + vancomycin are begun
- BC: positive for MSSA. TTE: no vegetations. She is switched to nafcillin 2 gm IV q4h, planned duration 2 weeks
- On day 9, routine lab work shows SCr to be 2.1 mg/dL (baseline 0.8), with eosinophilia. A rash on her chest and back is also observed

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Acute Interstitial Nephritis

- Usually due to drug-induced hypersensitivity. Some infections (HIV, hepatitis) and immune disorders (lupus) have also been implicated.
- Typically presents after 2-3 weeks of drug therapy.
- Non-oliguric renal dysfunction (\uparrow BUN, Scr) often gets our attention first.
- The "classic" triad (fever, rash, eosinophilia) is seen in <33% of patients. Some say the triad includes arthralgia, not eosinophilia. Patients may complain of flank pain.
- Definitive diagnosis requires kidney biopsy (generally not done).
- Full recovery usually occurs after the offending drug is stopped. Oral steroids have no established role.
- The patient's allergy history should be correctly labeled. Probably drug (not class) specific.

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Drugs Associated with Acute Interstitial Nephritis

Beta-lactams (penicillins, cephalosporins)

Rifampin

TMP-SMX

Allopurinol

Immune checkpoint inhibitors

NSAIDs

Proton pump inhibitors

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Case #15

- A 45-year-old man with a history of type 2 diabetes and recent diagnosis of MRSA bacteremia started daptomycin therapy 7 days ago
- He presents with acute onset of dyspnea, dry cough, and fever, which has worsened over the past 24 hours
- Exam: febrile, tachypneic, and has bilateral crackles on lung auscultation
- Chest X-ray shows bilateral infiltrates consistent with pneumonia
- Lab: elevated eosinophil count.

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Daptomycin-induced Eosinophilic Pneumonia

- Rare but potentially severe.
- Pathogenesis unestablished.
- Unclear if DIEP is dose-related.
- Onset typically 2-4 weeks.
- Clinical features: new-onset fever, progressive dyspnea, cough (usually non-productive), diffuse bilateral pulmonary infiltrates, hypoxemia.
- Also observed: peripheral eosinophilia, elevated inflammatory markers (ESR, CRP).
- BAL: >25% eosinophils, or eosinophilic pneumonia at lung biopsy.
- Clinical improvement after discontinuation of daptomycin, administration of corticosteroids.

Open Forum Infect Dis 2022;9:ofac577

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Case #16

- A 44-yo woman with AML undergoes allogeneic HSCT
- Course is complicated by severe GVHD with liver and intestinal involvement, treated with high-dose corticosteroids and infliximab
- Develops disseminated *Scedosporium apiospermum* infection with multiorgan involvement
- Treated with IV voriconazole, then oral voriconazole adjusted to maintain a trough concentration of 1.5-5 µg/mL
- 9 months after starting therapy, she complains of severe, disabling bone pain, arthralgias, and swelling of her hands and fingers

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Voriconazole-associated Periostitis

- Prevalence not known.
- Features: generalized bone pain, ↑alkaline phosphatase, evidence of periostitis and/or exostoses on x-ray.
- Any bones can be affected, but the most common are ribs, forearms, legs, and shoulders.
- Takes a long time to occur, at least six weeks but often much longer.
- Cause: excess fluoride exposure.
- Related to voriconazole dose.
- CYP2C19 ultrarapid metabolizers may have increased generation of free fluoride (as well the need for a high voriconazole dose).
- Resolves within 2 months of drug discontinuation.

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Case #17

- A 78-year-old woman being treated for UTI presents with recent symptoms of dyspnea, fatigue, and productive cough
- VS normal, no rash
- PMH: history of recurrent *E. coli* UTI, including an episode 4 months ago (treated with nitrofurantoin)
- Non-smoker
- Started another course of nitrofurantoin 3 days ago (100 mg bid x5 days)
- Chest X-ray: bilateral interstitial infiltrates, patchy ground-glass opacities, pleural effusion
- Lab: WBC 13,500/µL, eosinophils 10%. Other labs WNL

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Nitrofurantoin Pulmonary Toxicity: Acute

- Occurs in about 1 in 5000 patients.
- Typically presents about 9 days after a short course of therapy in women, age 60-70. Onset is shorter in repeat exposures.
- Think of as a hypersensitivity reaction (type I or III).
- Common symptoms: fever, dyspnea, cough, rash.
- PE: inspiratory crackles.
- Lab: eosinophilia, leukocytosis, elevated ESR.
- Imaging: Diffuse parenchymal changes, pleural effusions.
- Treatment: stop drug, document as allergy, avoid re-exposure. Steroids of unproven benefit.
- Improvement within 24-48 hours, full recovery in a few weeks.

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Nitrofurantoin Pulmonary Toxicity: Chronic

- Develops after several months or years of long-term therapy (women, age 60-70).
- A cell-mediated or toxic response, possibly to drug metabolites.
- Common symptoms: Dyspnea, dry cough, fatigue. Fever uncommon. Overall, symptoms less intense than in an acute reaction.
- PE: dry crackles.
- Lab: elevated serum gamma globulins, eosinophilia, elevated transaminases, elevated ESR. Maybe ANA+.
- Imaging: Parenchymal opacities. Ground glass opacities on CT. Pleural effusion uncommon.
- Higher risk of parenchymal injury.
- Treatment: stop drug. Steroids of unproven benefit. Clinical improvement in weeks to months, may not fully resolve.

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Case #18

- A 68-yo female presents with complaints of dizziness and palpitations
- PMH: hypertension, type 2 diabetes
- One week ago, prescribed levofloxacin 500 mg po q24h for CAP
- VS stable, physical exam unremarkable
- ECG: QTc 520 ms. Baseline (6 months earlier) is 430 ms
- Lab: electrolytes WNL. Troponins negative, echo shows normal LV function

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FQ-induced QTc Interval Prolongation

- Increases risk of serious ventricular arrhythmias (e.g., torsade de pointes).
- Mechanism: blockade of potassium channels.
- Risk factors
 - Older age
 - Female
 - Congenital long QT syndrome
 - Bradycardia
 - CHF
 - Hypokalemia, hypomagnesemia
 - Other QT-prolonging drugs
- Symptoms: palpitations, lightheadedness or dizziness, fatigue, syncope.
- Likelihood: moxifloxacin > levofloxacin > ciprofloxacin.
- Consider ECG monitoring in high-risk patients.

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**Antimicrobial
Classes
Associated with
QTc-interval
Prolongation**

Antiparasitics: antimony, antimalarials, fexinidazole

ARVs: atazanavir, efavirenz, rilpivirine

Azole antifungals

Fluoroquinolones

Macrolides

Other antibacterials: gepotidacin, lefamulin

Pentamidine

Good Internet source: crediblemeds.org

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Thank you for listening!

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